

Help is Available



Vaya Health Geriatric and Adult Mental Health Specialty Team:

Email: geriatric.team@vayahealth.com

E-Fax: 1-877-355-2436

Website: www.vayahealth.com

Training Calendar: www.vayahealth.com/calendar

Geriatric Team Manager:

Terry Spencer

MSW, LCSW, LMBT, CDP

Email: terry.spencer@vayahealth.com

Call Vaya Team Members: 1-800-893-6246

Eastern Region

Alexander, Alleghany, Ashe, Avery, Burke, Catawba, Caldwell, Iredell, McDowell, Surry, Watauga, Wilkes, and Yadkin counties.

Jeffrey Dula-Brown
MSHS, CDP, QMHP
Ext. 3346

Mandy Matney
BS, QMHP, CDP
Ext. 4442

Amy Penley
MA, LMFT
Ext. 2952

Denee Shipman
RN, CDP
Ext. 3314

Vickey Todd
RN, CDP
Ext. 2940

Felicia Wood
BS, QMHP
Ext. 1368

Western Region

Buncombe, Cherokee, Clay, Graham, Haywood, Henderson, Jackson, Macon, Madison, Mitchell, Polk, Swain, Transylvania, and Yancey counties.

Lisa Maney
MS, QS, LCMHC, CDP
Ext. 2993

Laura Bridges
LRT/CTRS, QMHP, LMBT
Ext. 1004

Joanne DeSarle
RN
Ext. 2932

Megan Perry
LRT/CTRS, QMHP
Ext. 1069

Tammy Stevens
RN, BSN, CDP
Ext. 4874

Andrea Wright
MSW, LCSW
Ext. 4752

Contact Therapeutic Alternatives, Inc.:

Vaya works with Therapeutic Alternatives, Inc., to provide Geriatric Team services in Alamance, Caswell, Chatham, Durham, Franklin, Granville, Mecklenburg, Orange, Person, Rowan, Stokes, and Vance counties.

GAST Program
Director:

Jerra Roberts
MS, QMHP, CDP

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