

MEET THE TEAM



Jeffrey Dula-Brown, MSHS, QMHP, CDP

Jeffrey Dula-Brown is a qualified mental health professional, Certified Dementia Practitioner, and our Eastern Region Team Supervisor. He has more than 30 years of experience in the health care industry and holds a Master of Science in Human Services. With his time working in hospitals, assisted living facilities, and skilled nursing facilities, Jeffrey has provided support to caregivers on issues ranging from behavioral management techniques, psychosocial wellness, grief and loss to connection to and education about health care services. He enjoys presenting helpful information on caregiving in creative ways that appeals to adult learners.

Mandy Matney, BS, QMHP, CDP

Mandy Matney is a qualified mental health professional and Certified Dementia Practitioner with diverse work experience in long-term care and geriatric-specific social environments. Her expertise includes a range of topics related to mental health and aging. She graduated from Wingate University in 2004 with a Bachelor of Science in Human Services and is certified as an assisted living administrator in North Carolina. Mandy is proud to be an integral member of the Geriatric Team, which uses an interdisciplinary approach to educate caregivers about enhancing mental wellness in older adults.



Amy Penley, MA, LMFT

Amy Penley is a licensed marriage and family therapist with more than 10 years of experience. She takes a compassionate, person-centered approach to helping individuals who face mental health and/or substance use disorder challenges. She has experience working with child, adolescent, adult and geriatric populations using a broad range of evidence-based modalities to encourage, support and facilitate change. Currently, Amy has the privilege to offer education, consultation and support for older adults and for the valuable individuals who care for them.





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Vaya Health's Geriatric and Adult Mental Health Specialty Team offers education and support for professional staff and family caregivers who work with individuals who are experiencing dementia or other emotional or behavioral health challenges. The team includes registered nurses, licensed clinicians and qualified mental health professionals.

Denee Shipman, RN, CDP

Denee Shipman is a registered nurse with more than 20 years of experience. She received her associate degree in Nursing from Wilkes Community College and has worked in multiple specialty areas, including medical/surgical, geriatrics (including Alzheimer's disease and dementia), dialysis, diabetes education and hospice. Denee joined Vaya's Geriatric Team in 2016 and enjoys connecting with others and informing individuals about mental wellness and how medications and other forms of treatment can be helpful in managing care.



Vickey Todd, RN, CDP

Vickey Todd is a registered nurse and Certified Dementia Practitioner who provides education on topics related to mental health and aging. She has worked in both micro and macro systems, including the N.C. Division of Health Service Regulation, hospice, hospitals, and other human service agencies. Vickey has also held management, training, and direct service positions. She enjoys the interdisciplinary nature of the Geriatric Team and providing education to caregivers on topics related to behavioral health. Through her work, she hopes to help participants improve their own mental health and the mental health of those they serve.



Felicia Wood, BS, QMHP

Felicia Wood is a Qualified Mental Health Professional with over 17 years of experience working in Aging and Adult Services at a local Department of Social Services. She holds a Bachelor of Science in Human Services from Gardner-Webb University and is currently pursuing her Master of Science in Gerontology at the University of North Carolina-Greensboro. Felicia brings a wealth of knowledge regarding community information and resources available for aging adults and their caregivers. Felicia has seen first-hand, both professionally and personally, how important it is for caregivers to feel seen, supported, and empowered as they work to ensure those they are charged to care for age well.

