



The NC Falls Prevention Coalition invites all older adults to attend our next meeting!

Do you have ideas about how to prevent falls in your community?

Want to stay strong and active?

Want to meet other people working to raise awareness?



We value your input.

COME SHARE YOUR IDEAS!

Let's talk about **ADVOCACY.
What does it mean?
How can I get involved?**

**Join the conversation!
Feb. 15th, 10am-12 pm via
Zoom**

**Register HERE or visit site below.
All are welcome.**



Join us **February 15, 2023!**

Did you know that we have a Senior Tar Heel Legislature?

Come hear from expert speakers from NC, AARP and the National Council on Aging on how to advocate for falls prevention.

Visit www.ncfallsprevention.org for more information!