

**Dec Triangle Falls Prevention Coalition
Quarterly Meeting
Dec 8, 2020 10:00 AM – 12:00 PM,
virtually via [Zoom Meeting](#)**

Minutes

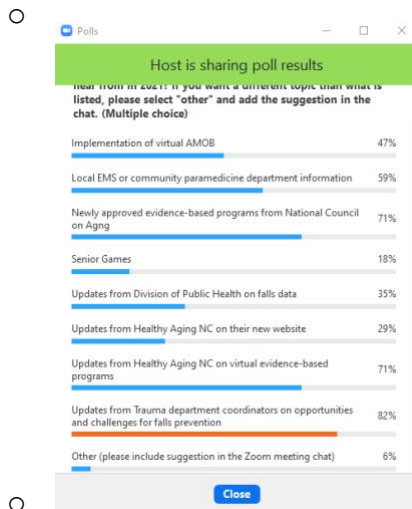
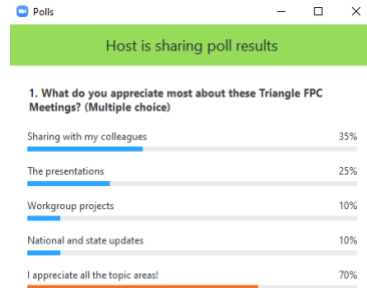
10:00a – 10:15a Introductions **25 participants**

- Nicolle Miller- NCCHW
- Geri Kanne- Nurse Practitioner with Duke Health
- Al Bonifacio- UNC Trauma Program
- Ellen Bailey- NCCHW
- Joyce Page- Health Educator with Durham County Health Dept
- Cheryl Workman- UNC Trauma Program
- Yvetta Smith- NC Baptist Aging Ministry (NCBAM)
- Christina Reel Brander- RN at Alliance
- Evelyn Smith- Piedmont Triad AAA
- Helen Tripp- NIH Program Manager/Durham Community Paramedics for Durham EMS
- Jennie Griggs- Director of North and East Wake Senior Centers Resources for Seniors
- Katie Benedyk- Orange County EMS
- Landon Weaver- Orange County EMS
- Margie Fox- UCB
- Lindsay Bailey- Injury Prevention Coordinator at UNC Trauma Center
- Lisa Smith- Durham EMS Community Paramedic
- Michael McGregor- PT with Genesis Rehab
- Steve Fairbanks- PT with Durham VA
- Sydney Breslow- Alliance of Disability Advocates
- Toni Chatman
- Tricia Smar- Injury Prevention Coordinator at Duke Trauma Center
- Travis Battle- Program Manager at ___ Gilead for Diabetes Prevention Program
- Marie Dagger- OT with Orange County Dept on Aging
- Brandon Morgan- Paramedic, UNC Transitions Healthcare Team
- Joyce Briggs- Durham Housing Authority

10:15- 10:35am NC Falls Prevention updates (Ellen Bailey)

- State Action Plan will be on NC Falls Prevention website
- Falls data: www.ncfallsprevention.org/falls-data/
- A Matter of Balance Updates
 - Virtual training for Master Trainers in Jan 2021
 - 4.5 hours
 - \$450 cost
 - New virtual Master Training: Spring 2021
 - \$2000 cost
 - For coaches:

- Added session 0 to help seniors learn technology
 - Removed standing exercises
 - No set coach re-training; TBD
 - Centralina will be statewide training academy
- Polls:



- - Other: home modification resources and risk of falls for people with various types of disabilities

10:35-11:10am: Presentation: Narrowing the Fragility Fracture Care Gap through Fracture and Fall Prevention Programs, Margie Fox, LSSGB, Regional Care Lead – Mid-Atlantic, NOF Member – Advanced Fracture Liaison Service Certified, Bone Patient Value Unit, UCB Inc.

11:10-11:15am: Transition to breakout rooms

11:15a- 12p Workgroup breakouts in Zoom:

- Education & Community Engagement- Promote falls awareness events in the Triangle community (Chair: Sydney Breslow and Jennie Griggs)
- Community Resource Guide & Website- Compile and disseminate falls prevention resources (Chair: Lindsay Bailey)
- ~~Sustainability Planning Sustain the Coalition (Co Chair: Jan White and Nicolle Miller)~~
- Data- Utilize data to guide the work of the coalition (Chair: Tricia Smar)

Next meeting: March 9th