

Triangle Falls Prevention Coalition

Meeting Minutes 3/10/20

I. Introductions

In Person Participants:

- Rebecca Freeman: NC Division of Aging and Adult Services, Healthy Aging Specialist
- Ingrid Bou-Saada: NC Division of Public Health Injury and Violence Prevention Branch
- Helen Tripp: Durham County EMS
- Joyce Briggs: Family Self Sufficiency Coordinator with Durham Housing Authority
- Tricia Smar: Duke Trauma Center Injury Prevention Coordinator
- Sydney Breslow: Alliance of Disability Advocates
- Deborah Constantine: Campbell University Professor of Geriatrics
- Kris Wolfe: WakeMed PT
- Jan White: NC Division of Public Health Injury and Violence Prevention Branch
- Steve Fairbanks: Durham VA
- Nicolle Miller: Healthy Aging NC

On the Phone Participants:

- Christina Carmichael: WakeMed Trauma
- Marisa Menold: volunteer with Orange County Dept on Aging

II. State Updates

- NC Falls Prevention Coalition
 - Website with info on regional falls prevention coalitions:
<https://ncfallsprevention.org/>
 - New coalition movement in Wilmington area
 - Winston-Salem State University: falls prevention grant working with AAA
 - High Country: relatively new coalition
 - Possible collaboration opportunities across coalitions along borders
 - New data on website: CDC maps and IVPB data and maps
 - Definition changes based on ICD-10 change: data trends start in '17
 - NC FPC meets 3/18
 - Developing 5-year NC Action Plan
 - NC Association of Assisted Living: possible collaboration

III. Presentation: Lauren Costello, Brain Injury Association of North Carolina (BIANC)

- a. See slides for specifics
- b. Online courses: www.biancteach.net
- c. Resources for individuals, families, community supports, and providers
- d. Unmasking Brain Injury: can host mask-making or display event at your agency
- e. Fall Prevention Bingo from Greenville: can share
- f. Medicaid TBI Waiver for people injured over age 22 for supports

IV. Review Triangle Falls Prevention Coalition Webpage

- a. Add TBI info
 - i. Possibly with Home Safety Modifications? New section entirely?
 - ii. Incl TBI Waiver info through Alliance
 - iii. Possibly refer to BIANC resource book rather than repost in each county list
- b. Collecting additional organizations to add to each county's list
 - i. Make lists alphabetical for ease of use
 - ii. Top of county lists are cut off on right side
 - iii. Add NC Disability Services to each county served
 - iv. Add geriatricians who specialize in falls
 - 1. Talk to GWEP for smaller counties
 - 2. Age-friendly health systems (possibly establish a "preferred providers network")
 - v. Add county access phone numbers/contact
- c. Possibly add section on webpage for statewide resources so don't have to include on each county's sheet
 - i. BIANC
 - ii. NC Disability Services
 - iii. Other broad regional/statewide resources
- V. Next Steps for Triangle FPC
 - a. Possibly do Doodle poll at start of year for dates of each meeting
 - b. Data group may look at trends of who attends which meetings and which meeting locations have largest turnout
 - c. Providers: easier to meet at beginning (9-11am) or end (2-4pm) of day
 - d. Possibly rotate times in addition to location
- VI. Working Group Breakout
 - a. Education & Community Engagement
 - b. Community Resource Guide & Website
 - c. Sustainability Planning
 - d. Data
- VII. Adjourn

Next Meeting: **June 9, 2020 from 11a-1p at location TBD (Hillsborough or WakeMed Raleigh)**