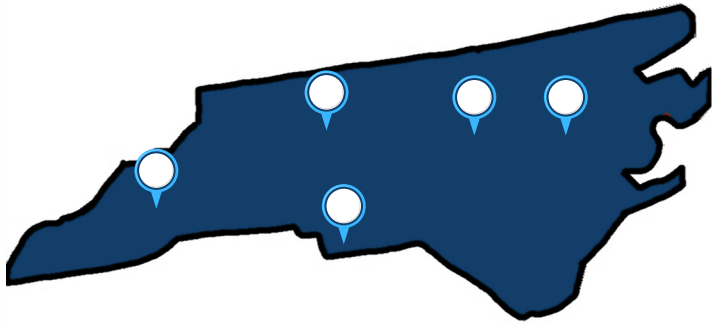


# BRAIN INJURY ASSOCIATION OF NORTH CAROLINA

statewide non-profit for individuals living with brain injury & their families

The **Brain Injury Association of North Carolina**, also known as BIANC, provides a variety of services striving to offer help, hope, and a voice for individuals living with brain injury and their families.



To serve statewide, BIANC has 5 resource centers across the state located in Asheville, Charlotte, Winston-Salem, Raleigh, and Greenville.

Close to 76,000 people each year sustain a traumatic brain injury (TBI) in North Carolina according to 2015 emergency department, hospital, & death data. The true number is likely much higher, due to undiagnosed injury.



With limited resources and an unknown future ahead, it can be overwhelming and confusing trying to navigate next steps. Many people find it difficult to access information, strategies, and support due to feeling isolated or challenges related to brain injury. BIANC hopes to be that connection to services, education, advocacy, support, and hope.

## OUR GOALS

### Educate

- Quarterly webinars & online courses
- In-person training
- Annual conferences
- Certified Brain Injury Specialist (CBIS) Training

### Help prevent

- Community events, fairs, and exhibits
- Partnering with hospitals, providers, and schools
- Focus on falls prevention, concussion clinics, and outreach to other vulnerable groups to brain injury

### Give support

- Support groups
- Resource guidance with Helpline & online book
- BIANC Camp & regional wellness events

### Advocate

- State & community councils & committees
- Education to legislators and the public on topics such as Return to Learn/Play legislation, Helmet laws, and more to impact policy and general awareness

# GET INVOLVED

*help, hope, and a voice for people with brain injury & their families*

## LEARN



### ONLINE TRAINING & WEBINARS

BIANC offers quarterly webinars and online courses to expand our educational reach. We also have in-person training and conferences across the state. Visit our website to sign up or for more information.



### NEWSLETTER

BIANC distributes a newsletter quarterly with articles, survivor stories, helpful tips, and more for individuals living with brain injury and their support team!

## CONNECT



### E-BLAST, WEBSITE & RESOURCE HELPLINE

Sign up for our monthly email list for the most updated information & event notification. Visit our website for materials, resources, and events. You can also email or give us a call to help direct you to the resources in your area.



### SOCIAL MEDIA

Follow us on Facebook, Twitter, & Instagram to connect with news, resources, events, and more. Share our posts to help spread information and awareness.

## ENGAGE



### UNMASKING BRAIN INJURY

Unmasking Brain Injury is an advocacy & awareness project displayed in communities and online. Individuals share their story to others by designing their mask.



### VOLUNTEERING & EVENTS

Events occur throughout the year around North Carolina. Check out our website or contact us for volunteering opportunities and to know what calendar dates to save.



### MEMBERSHIP

You can be a part of the help, hope, and be a voice for individuals with brain injury and their families. Levels range in benefits and corporate opportunities are available.



### BIANC CAMP

Annual BIANC Camp is an opportunity to meet new people, be yourself, and have tons of fun. Join us as a camper or volunteer as we retreat for a weekend of activities.