

Triangle Falls Prevention
Coalition Resource Guide

Falls Prevention Resources – Cumberland County, North Carolina

Organization	Contact Information	Exercise & Education Classes for Falls Prevention	Seeing & Hearing Services	Home Safety Modification Services	Physical Therapy Services Specializing in Balance and Aging	Medicine Review Services
<u>Cape Fear Valley Rehab Services</u>	To view clinic location closest to you visit capefearvalely.com/rehab/locations					
<u>Cumberland County Council on Older Adults</u>	910-484-0111					
<u>NC Med Assist</u>	1-866-331-1348 toll-free					
<u>Medication Therapy Management</u>	www.outcomesmtm.com					
<u>State Center for Deaf and Hard of Hearing – Raleigh Regional Center</u>	Voice 919-859-8526; Video Phone 919-890-0858					
<u>NC Services for the Blind Fayetteville Division</u>	910-486-1582					
<u>Cape Fear Nose & Throat Basic Screenings</u>	910-486-1582					
<u>Mid-Carolina Agency on Aging</u>	910-323-4191 ext. 40	<i>Matter of Balance and Tai Chi for Arthritis</i>				
<u>Arthritis Foundation: Walk With Ease</u>	https://www.arthritis.org/living-with-arthritis/tools-resources/walk-with-ease/	<i>Walk with Ease Program</i>				

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CPESN	https://collaboration.cpesn.com/finder					
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