

Integrated Strategies for Community and Clinical Connections

Wednesday, August 23, 2017

8:00am—4:00pm

The Friday Center, 100 Friday Center Dr.,
Chapel Hill, NC

**Keynote: Mandy Cohen, MD, MPH
Secretary, NC Department of Health
and Human Services**

This one-day summit will focus on 4
tracks:

- Bridging the community-clinical gap
- Falls Prevention
- Chronic Disease
- Behavioral Health & Medication



Learning Objectives:

1. Discuss ways to offer Chronic Disease Self-Management Education programs to underserved populations.
2. Identify the evidence-based falls prevention programs available along the continuum of care in North Carolina.
3. Identify evidence-based strategies that address the behavioral health and complex medication management needs of older adults.
4. Discuss ways community based organizations can support clinical providers in transitions of care.
5. Identify ways to integrate and sustain evidence-based healthy aging programs into clinical settings.
6. Identify how the Healthy Aging NC Resource Center can support linkages of participants to evidence-based healthy aging programs.

REGISTER ONLINE [HERE](#)

MORE DETAILS CAN BE FOUND ON
THE SUMMIT WEBSITE [HERE](#)

Target Audience:

**Case Managers, Social Workers,
Physical Therapists, Physical
Therapy Assistants,
Occupational Therapists,
Occupational Therapy Assistants
and Aging Network
Professionals**

* NC Healthy Aging Summit 2017



AGENDA

- 8:00am **Registration**
- 9:00 **Welcome**
Stacey Millett, MBA and Suzanne P. Merrill, MSW
- 9:15 **Keynote: A Look at North Carolina**
Secretary Mandy Cohen, MD, MPH
- 9:45 **2-1-1/No Wrong Door**
Heather Black, BS and Stacy Hurley, MEd
- 10:15 **Break**
- 10:30 **Breakout Session 1**
- **Road to Diabetes Self-Management Education Accreditation**
Laura Plunkett, MPH, CHES, CHC
 - **Building a Safety Net of Programs and the Role of the Physical Therapist in Evidence-Based Falls Prevention**
Michael McGregor, PT, DPT, CEEAA and Jen Teague, MA
 - **Supporting Access for Older Adults to Arthritis Appropriate Evidence-Based Interventions**
Kirsten R. Ambrose, MS, CCRC and Serena E. Weisner, MS
 - **Sustainability of the Healthy IDEAS Training Program**
Mary Lynn Piven, PhD, PMHCNS/NP-BC; Cristine Clarke, EdD; Ellen Schneider, MBA
- 11:30 **Lunch/Networking**
- 12:45pm **Breakout Session 2**
- **Community/Clinical Partnerships to Enhance Falls Prevention Offerings**
Vicki Tilley, PT, GCS and Michael McGregor, PT, DPT, CEEAA
 - **Need to Begin Falls Risk Assessments Prior to Age 65**
Katherine Harmon, MPH
 - **Innovative Strategies in Evidence-Based Health Promotion Programming**
Annette Demeny, AAS and Stephanie Stewart, BS
 - **Alzheimer's Disease: The Inevitable Epidemic**
Mark Hensley, MA
- 1:45 **Break**

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AGENDA

- 2:00 **Breakout Session 3**
- **Chronic Pain Self-Management Program in Federally Qualified Health Centers**
Cindy Haynes, MSA-PA, CHES
 - **An Overview of Tai Chi for Arthritis and Falls Prevention**
Nicole Hiegl, BS
 - **Age Well: Prevent Diabetes**
Surabhi Aggarwal, MPH, RDN, LDN and Sharon Jackson, MPA
 - **The Advancing Role of Pharmacists in Community-Based Care**
Penny S. Shelton, PharmD, BCGP, FASCP
- 3:00 **Break**
- 3:15 **Innovative Strategies to Link Hospitals to Community-Based Organizations**
Katelyn Owensby, PharmD; Pamela Duncan, PhD, FAPTA, FAHA; Ellen Schneider, MBA. Moderated by Nicolle Miller, MS, MPH, RD, LDN
- 3:45 **Conference Next Steps and Charge**
Nicolle Miller, MS, MPH, RD, LDN
- 4:00pm **Adjourn**

Registration

Registration Fee: \$50

- No refunds will be issued. Substitutes encouraged. Vouchers accepted.
- Fee will include credit, online handouts and certificate of completion.
- Refreshments and lunch will be provided.
- Directions and parking information will be sent with your confirmation letter.
- Visit www.wakeahec.org for our inclement weather and ADA statement.

Credit

NCBPTE: Wake AHEC is a pre-approved provider for NCBPTE Continuing Competence Activities. This activity is 5.0 hours.

Case Manager: This program has been submitted to The Commission for Case Manager Certification for approval to provide board certified case managers with 5.0 clock hours.

Certified Health Education Specialists (CHES): The North Carolina AHEC Program, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This program is designated for Certified Health Education Specialists (CHES) NCHCEC Provider #98985.

Wake AHEC CEU: Wake AHEC will provide .5 CEU to participants upon completion of this activity.

A participant must attend 100% to receive credit. No partial CEU will be awarded.

Contact Hours: Wake AHEC will provide up to 5.0 Contact Hours.

Wake AHEC is part of the North Carolina AHEC Program.

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SPEAKERS

Surabhi Aggarwal, MPH, RDN, LDN

NC State University
NC Division of Public Health

Kirsten R. Ambrose, MS, CCRC

University of NC Thurston Arthritis
Research Center

Heather Black, BS

United Way of NC

Cristine Clarke, EdD

Carolina Geriatric Workforce Enhancement
Program (CGWEP)

Mandy Cohen, MD, MPH

NC Dept. of Health and Human Services

Annette Demeny, AAS

Centralina Area Agency on Aging

Pamela Duncan, PhD, FAPTA, FAHA

Wake Forest Baptist Health

Katherine Harmon, MPH

University of NC Chapel Hill

Cindy Haynes, MSA-PA, CHES

Duke Community and Family Medicine

Mark Hensley, MA

NC Division of Aging and Adult Services

Nicole Hiegl, BS

High Country Area Agency on Aging

Stacy Hurley, MEd

NC Division of Aging and Adult Services

Sharon Jackson, MPA

NC Division of Public Health

Michael McGregor, PT, DPT, CEEAA

Genesis Rehab Services

Suzanne P. Merrill, MSW

NC Division of Aging and Adult Services

Nicolle Miller, MS, MPH, RD, LDN

NC Center for Health & Wellness at
University of NC Asheville

Stacey Millett, MBA

NC Center for Health & Wellness at
University of NC Asheville

Katelyn Owensby, PharmD

Mission Health Partners

Mary Lynn Piven, PhD, PMHCNS/NP-BC

Healthy Ideas for Depression

Laura Plunkett, MPH, CHES, CHC

Piedmont Triad Area Agency on Aging

Ellen Schneider, MBA

University of NC Chapel Hill
National Council on Aging

Perry S. Shelton, PharmD, BCGP, FASCP

North Carolina Association of Pharmacists

Stephanie Stewart, BS

Land of Sky Area Agency on Aging

Jen Teague, MA

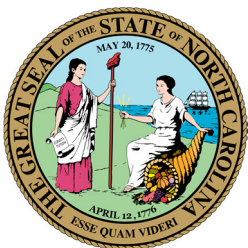
NC Division of Aging and Adult Services

Vicki Tilley, PT, GCS

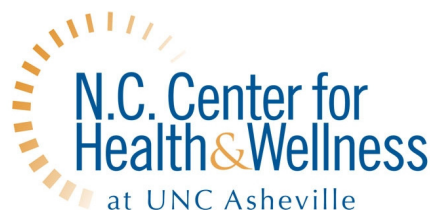
ElderFit Physical Therapy & Consulting, Inc.

Serena E. Weisner, MS

Freelance Consultant



**N.C. MENTAL HEALTH,
SUBSTANCE USE AND
AGING COALITION**



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BETTER HEALTHCARE THROUGH EDUCATION



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NC Healthy Aging Summit 2017 is sponsored by NC Division of Aging & Adult Services, NC Division of Public Health Injury & Violence Prevention Branch, and NC Center for Health & Wellness at UNCA

Registration Form

(Please print.)

**NC Healthy Aging Summit 2017: Integrated Strategies for Community and Clinical Connections Event #52895ks
August 23, 2017**

Early Fee - \$40; after July 25, 2017 - \$50

Please check if needed: ___ *Vegetarian Meal*

4-Digit PIN#:

Dr. Mr. Ms. Mrs.

First Name

MI

Last

Clinical Specialty

Degree(s) (e.g., MD, PharmD, MS, BS)

Home Address

City

State

Zip

Home County

Home Phone

Employer

Job Title

Work Address

City

State

Zip

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Work Phone

Department

Preferred E-Mail **(REQUIRED)**

By providing your fax number, email address and telephone number, you have granted permission for us to contact you via the numbers and address indicated.

Payment Options Payment of check, credit card or supervisor signature must accompany registration.

Check enclosed. (Make check payable to Wake AHEC.)

Charge my: Corporate Card Personal Card MasterCard Visa AMEX Discover

Card #

Exp. Date

Authorized Signature

Name as it appears on card

Employer will make payment. Supervisor completes below and fax registration to 919-350-0470.

Supervisor's Name (Printed)

(Signature)

Phone

By signing, I am certifying that agency payment will follow. If you have a balance due and do not attend or send a substitute, you will be invoiced for the full program fee.

Questions? Contact Kimberly Spencer at kispencer@wakeahec.org or 919-350-0480.

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