



**North Carolina Falls Prevention Coalition Agenda**  
**Wednesday, March 7, 2018**  
**North Carolina Institute of Medicine Conference Room**  
**630 Davis Drive, Suite 100**  
**Morrisville, NC 27560**

**Attendees:**

- **In Person**
  - **Christine Clarke- UNC CH**
  - **Sharon Rhyne- DPH**
  - **Tish Singletary- DPH**
  - **Kathie Smith- Association of Home Health and Hospice Care of NC**
  - **Maya Sanders- DAAS**
  - **Tricia Smar- Duke Trauma**
  - **Lindsay Bailey- UNC-CH Trauma**
  - **Ingrid Bou-Saada- NC-DPH**
  - **Sharon Nelson- NC-DPH**
  - **Crystal Jackson Cheek- NC Services for the Blind**
  - **Jan Parker- OSFM- NC Department of Insurance**
- **Phone**
  - **Deborah Kostco- ECU GWEP**
  - **Lori Schrodt- Western Carolina Univ**
  - **Mary Hall- Vidant Health**
  - **Nicolle Miller- UNC-Asheville**
  - **Kelly Swimm- Mobile Rehab**
  - **Michelle Marino- Carolina Meadows**
  - **Kristen Faraday- Carolina Meadows**
  - **Toni Chapman- Wake AHEC**
  - **Martha Zimmerman- Lenoir County**
  - **Vicki Mercer- UNC-CH**

<b>Time</b>	<b>Topic</b>	<b>Leader(s)</b>
1:00-1:15	Welcome, Introductions	Sharon Rhyne, NC DHHS
1:15-1:45	Round room updates and 2018 plans	All
1:45- 2:10	NC Falls Website update	Ingrid Bou-Saada, NC DHHS
2:10- 2:30	Healthy Aging NC update	Nicolle Miller, UNC-A
2:30- 3:00	Community Health Workers Presentation	Tish Singletary, NC DHHS
3:00-3:45	Strategic planning update-Discussion	Sharon Rhyne, NC DHHS; Vicki Tilley, UNC GWEP;

3:45- 4:00	Closing comments/ plan for next meeting	Vicki Tilley, UNC GWEP
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### Round room updates and 2018 plans

- Mary Hall- Vidant Greenville- working with AHEC and doing the whole week in September for Fall week and highlight a fall risk area each day.
- Vidant partnering with ECU Public Health students taking Remembering When to some senior living communities along with screenings.
- Lindsey Bailey- UNC Healthcare Trauma- Working with trauma RAC. 3 strategies for fall prevention. Developing Triangle falls prevention, 2) Training in Remembering When program, 3) Identifying out-patient primary care clinics to increase training in STEADI and fall prevention.
- Cris Clarke- UNC GWEP training UNC med students in Fall prevention training. UNC School of Pharmacy applying for CDC grant for opioid reduction. GWEP funding not guaranteed past June of this year. Awaiting information on year 4 funding from HRSA.
- Debra Kostco- ECU GWEP- 3 Fall screenings events with loggers. Going where they are
- Tricia Smar – Have received training on Remembering When and completed training. Working with DCSL and Durham Housing Authority to spread program. Currently running monthly programs at DCSL.
- Nicolle Miller-NC Center for Health and Wellness at UNC Asheville.
  - Updates
    - NCOA not doing a theme for Fall Prevention this year.
    - NC Center for Health and Wellness- Filing for 5-year CDC Arthritis grant with support of DHHS to increase dissemination of EBP. Focus areas around growing participation in EBP statewide, linking to statewide walking initiatives, enhancing clinician education about walking as beneficial for patients. May include working with AHECs. Currently trying to contact.
    - Administration for Community Living has put out applications for 2018. May consider another proposal from NC if unique enough. Focus on supporting capacity building. May have smaller grants available.
    - Falls Prevention Grant - Scaling MOB and Tai Chi in Western NC. Working with ACO for referral process. Using STEADI as guidance. Current data- 800 people have participated in program. Tai Chi training in May in Boone

### NC Falls Website update

New NC Falls Coalition Website: <https://sites.google.com/view/ncfallsprevention/>

- Review of new website
- Will go live after this meeting
- Google drive website
- Discussion about URLs. Connect with Nidhi to ask about keeping current address with new content.
- Any content updates/recommendations, please contact Ingrid with suggestions
  - Building out “About Us”
- Able to link to Social Media but cannot maintain social media. Current DHHS policy but may change.

- Can link to other states activities
- Some sort of communication portal/chat room/Facebook page
- Would like information about other agencies to link to. Creating Bi-Directional links.
- DAAS Aging Maps uploaded
- Link for request to join ncfalls listserv in multiple areas on website.
- Coordinate with HA NC as provider and consumer resource
- Trish Smar- Can a page for Triangle Falls Coalition build into NC site or have a separate site. Issue is control of content addition/deletion. Ingrid recommended that Triangle have their own site to allow increased control.
- Some resources for EMS
- Contact/resources for pre-hospital programs. Getting contact info from RACs.
- County Falls Data loaded.
- 4-5 components looked into
- Remembering When- [www.nfpa.org](http://www.nfpa.org).
- Remembering When- Feels heavy on Fire prevention side and wants to increase information on the Fall prevention side. Conference in July 23. Question if conference is a TTT or a conference.
- Jan as a local resource for Remembering When.
- Plug Home Health Agencies into regional coalitions, refer to website as a resource to connect.
- Way to recognize founding agencies
- Recognition from the group for Nidhi and her work on the website

### **Healthy Aging NC website New NC Falls Coalition Website:**

**<https://sites.google.com/view/ncfallsprevention/>**

- Web portal for EBP for providers across the state.
- No age requirements for people participating in EBP.
- Asking for YMCAs to post class lists
- Can provide regions reports on data that is sent to HA NC. Data forms on website.
- May want to check in with coalitions to get current status.
- New feature- News and testimonials. Need to help by letting HA NC know about activities, news, successes, etc through the NC Fall Prevention Coalition.
- “Add Your Program” used to add program information to populate website. Online registration available through HA NC site.
- Debra Kosco- Reporting low information dissemination in urban as well as rural areas.
- Efforts to increase information on sites that are more accessed by older adults. HA NC has not currently done awareness campaigns geared towards older adults specifically.
- Work a little more closely with information dissemination with AHECs and Practice facilitators
- Interacting with professional organizations to increase awareness.
- Cris Clarke emphasized need to market programs to public and providers.
- Martha Zimmerman- Lenoir County- MOB has a waiting list due to CHAMP program and screening with direct referral.
- Nicolle- adding information to patient resource material provided to patients.
- Where programs are successful, they are motivated champions of the programs.

- Crystal Jackson- wanting fall prevention information for those that are blind and visually impaired. Nicolle has person on UNC Asheville staff who is working with special populations. They have disability inclusion toolkits. Connect Crystal with Nicolle to help her connect to resources.

### **Community Health Workers Presentation**

- Powerpoint presentation with minutes for background
- CHW work with underinsured, low-resourced, utilizing health services in an inappropriate way, high percentage Medicaid.
- Definition- Tish to send
- Core competencies and Core responsibilities have been developed (Get from Tish?)
- Training- Receive training in core competencies and attain certificates.
- Core competencies center around Social Determinants of Health.
- Larger role definition
  - Health promotors
  - Cultural liaisons
  - Health advocates
  - Community contextual expert
- 9 core competencies- See
- Can potentially be trained in Falls prevention support
- Training in Mental Health and Maternal and Child Health.
- Create a registry of those who complete core training.
- Structure for CHW is being proposed
- Models to use as part of medical teams
- NC Association for CHW has grant funding through BCBS to determine outcomes and financial impact of incorporating CHW in systems.
- Office of Rural Health has a CHW coordinator position
- Current self-identified CHW- n=168, probably many others, but do not self-identify.
- Direct patient care is not within the scope of work.
- Moving into Core Competency training. Area L AHEC

### **Strategic planning update-Discussion**

- Accomplishments
  - Hand-out with review by Sharon Rhyne
  - Review 2012-2013 Strategic plan
  - Existence of Coalition has supported grant opportunities through GWEP and UNC-Asheville
- Review of proposed goals- See powerpoint
  - Lori Schrod- Suggested that we need to develop measureable goals
  - How do we focus goal development?
  - Resources
  - Outcomes
  - “Biting off more than we can chew”
  - Expanding partnerships
  - Cross-cutting issues seem like they could be considered as goals and more in line with what the NC Falls Coalition wants to focus on.
  - Increasing participation of Gatekeepers of care provision and reimbursement.

- Falls Coalition Steering Committee will meet as follow up to this discussion to develop next steps in plan development. Want to determine way to get input from members of the coalition.

**Scheduled NC Meeting dates for 2018- Save the Date!! All from 1:00- 4:00 pm**

**June 6, 2018**

**August 29, 2018**

**November 7, 2018**

**Many thanks to the North Carolina Institute of Medicine for providing this space!!**

**Founding Organizations:**

